



## **LINCOLN HILLS LINCSTERS**

### **STANDING RULES**

#### **LINCSTER MEMBERSHIP**

**LADY GOLFER WHO HAS A CURRENT HANDICAP:** Membership is open to Lincoln Hills lady residents who have a current PWGA/NCGA or USGA 18-hole handicap with scores posted within the past two years; have an average gross score of 65 or under for 9 holes or a score of 130 or under for 18 holes; and have attended the required Orientation Meeting.

**LADY GOLFER WHO DOES NOT HAVE A CURRENT HANDICAP:** If a prospective member does not have a current PWGA/NCGA 18-hole handicap, she must turn in five 18-hole scores or ten 9-hole scores, attested by another player; must play with a Lincster up to three 9-hole games on Weekly Playday Tournaments; have an average gross score of 65 or under; and must attend the required Orientation Meeting. Upon completion of these requirements, her name will appear on the Lincsters' Roster the following month; sweeps and awards will be in effect; and her check will be processed. If requirements are not met, she would not be able to join until her game improves.

#### **SOCIAL MEMBERS / LINCSTER GUESTS**

**Social Members:** may not hold any elected or appointed Lincster position, may not vote and may not be a recipient of any subsidized Lincster activity. They may play four times in a year but are not eligible for Sweeps or Awards. If declared as a Social Member before Dec. 31, the dues are \$20. If Social Membership is declared after Dec. 31, the dues are \$30 (\$20 plus \$10 reinstatement fee).

**Lincster Guests:** a Non-Lincster lady may play as a "Guest" two times a calendar year. She will not be eligible for Sweeps, Putt Pool or Awards, but she still must pay current Sweeps/Green Fees.

#### **WEEKLY / ANNUAL TOURNAMENTS**

**LINCSTER WEEKLY PLAYDAY TOURNAMENTS:** Spring, Summer and Fall Lincster Weekly Playday Tournaments are a Wednesday morning shotgun. Winter Weekly Playday Tournaments are an afternoon shotgun. Start and end dates are determined by the Lincsters' Board and Pro Shop. All strokes must be counted (including "whiffs"); mulligans are not allowed; and you must hole out (no gimmies) to be eligible for sweeps and awards. PWGA/NCGA Handicaps will be used exclusively for all Lincster events and awards. On Playdays, two scorecards must be attested (signed) by all golf partners before turning them in. Your signature indicates your acceptance of all scores for your partners. Scores should be posted on the same day that you have played; the Handicap Chairperson will monitor posting.

**LINCSTER ANNUAL TOURNAMENTS:** may be postable or non-postable games

1. BRING A FRIEND – an invitation to invite a non-Lincster for golf and lunch.
2. LINCSTERS/XVIII HOLLERS BREAST CANCER TOURNAMENT – a tournament to help raise funds for cancer research, with clubs hosting alternately.
3. LINCSTERS' CLUB CHAMPIONSHIP – awards will be given to one low-gross Lincster and four first-place-low-net flighted Lincsters after the two-day tournament. Lincsters must play 12 postable rounds a year (includes Weekly and Yearly Tournaments). For this event, the calendar year runs from 9/1 of the previous year to 7/31 of the current year. If a player belongs to the Lincsters and any 18-hole group, the member must fill out "Declaration of Dual Membership". If her Primary Club is an 18-hole club, she cannot compete in the Lincsters' Club Championship. The deadline to submit is Jan. 31 of the current year. If submitted after Jan. 31, her Primary Club will be the 18-hole club.
4. Additional tournaments may be added by the Captain(s) on a fifth Wednesday (i.e. Home and Home, G'Mother's; Valentines; Red, White and Blue; Tin Cup and Halloween Tournaments).

## **PERSONAL CARTS**

Lincster members may not use personal carts during Lincster tournaments. The Lincster organization is committed to promoting responsible stewardship of the golf course by reducing complications created by the unique travel issues at Lincoln Hills.

## **FLIGHTED (F) / NON-FLIGHTED (NF)**

### **FLIGHTED (F)**

Members are flighted according to their handicaps (“A”, “B”, “C” and “D”). Each month, the Pairings Committee assigns: two In-Flight Pairings (all “A” Flighters play together, etc.); one Random Pairings (One each “A”, “B”, “C” and “D” Flighters are a foursome); and one FYOF (Form Your Own Foursome or Onesome, Twosome or Threesome).

### **NON-FLIGHTED (NF)**

If a member has not played with the Lincsters for six consecutive months, this inactivity creates a disproportional distribution of sweeps, monies and missed opportunities for active players to improve their flight status. Thus, a player will be classified as an “inactive” or “Non-Flighted (NF)” member and will not be eligible for Sweeps, Awards, Putt Pool, Weekly Playday Tournaments or Annual Tournaments. To be reinstated as an “active” member, the member must contact the Handicap Chair to be “flighted”, effective on the first day of the following month when handicaps and flights are updated.

## **TO SIGN UP FOR PLAY**

Sign up by Sunday noon prior to Wednesday Playday. Go to [www.lincsters.com](http://www.lincsters.com); under “Sign up Information”, click on “Weekly Sign Up” or “FYOF”. Select your name on the left side; check the month you are signing up for; and click “continue”; click on the dates you want to play: click “yes” if you are done: then, click on “Continue” and “Submit”. A message will appear saying “Thank you; you’re signed up.”

Note: Please do not sign up anyone for FYOF without confirming with them first. You may sign up as a Onesome, Twosome, Threesome or Foursome. Weekly pairings are posted on the Lincster website by end of day Monday.

## **TO CANCEL PLAY**

Before noon on Sunday each week, please check the Lincster Website/Sign-up Information/Weekly Sign-up to check the status of your play dates. If you are signed up and can’t play, PLEASE CANCEL ASAP ON THE WEBSITE BEFORE TWO HOURS FROM SHOTGUN TIME. If less than two hours before shotgun time, PLEASE CALL YOUR GOLFCART PARTNER OR SOMEONE WHO IS PLAYING AND HAVE THEM REPORT TO KATE.

**DO NOT CALL THE PRO SHOP!!!!**

## **EQUIPMENT**

Always, always mark your balls! If you hit the wrong ball, it is a **TWO-STROKE PENALTY**. Identify your ball markings to your partners before playing. Also, identify your clubs; use address-type labels on clubs with name, address and telephone number. If you are uncomfortable using personal information, print your name and use Lincoln Hills Golf Club’s address and telephone number.

## **ATTIRE**

Team shirts and/or team attire are optional. They are usually worn on FYOF, General Meeting Days, Club Championship (2<sup>nd</sup> day) and outside activities when you represent the club. You will be supplied with a nametag, which should be worn at all golf events. Proper golf attire must be worn at all times; no denim or tank tops are allowed.

## **SCORECARDS**

Two scorecards will be placed in the cart for each foursome before play begins: one for Sweeps and the other for Awards. Be sure to record putts as indicated on the "PUTT POOL" row of the scorecard for only those who have entered the Putting Contest.

On the left section of the scorecard, indicate any pars, birdies or chip-ins accomplished in your foursome. Make sure same information is transferred to the second scorecard. At the conclusion of play, make sure all four players agree with each total score and initial both cards where indicated. Once agreed, place both cards in the basket on the counter in the Pro Shop Bathroom (our Locker Room). If there are any disputes, **DO NOT SIGN THE SCORECARD**. Take the scorecard to the Scoring Committee to settle any disputes. If you attest to the score, and they are wrong, your whole group may be disqualified.

## **PUTTING CONTEST (PUTT POOL)**

The Putting Contest is an optional weekly event. The fee is \$1. You may sign up by initialing next to your name on the membership roster and placing your dollar in the designated bag located near the posting computer in the Pro Shop. Entering the Putt Pool must be declared before play begins.

## **DISQUALIFICATION**

In stroke play, every stroke counts; you must hole out. However, if you pick up at any time, breaking a Rule of Golf or withdraw after six holes, you are disqualified from winning any sweeps.

1. If you pick up your ball before leaving the putting green, mark that hole with an "X" and note the *most likely* score for that hole and continue to play.
2. If you are disqualified for breaking a rule, mark your scorecard with a "DQ" where your gross score is normally posted.
3. If you withdraw from a round after playing six of nine holes to avoid posting a score, it is considered as "manipulating scores" and is not in the spirit of the handicap system or the Lincster Spirit of Play.

## **DISAGREEMENT IN PLAY**

Disagreement in Play occurs when at least one golf partner does not agree with a score submitted by another golfer. The disagreement should be pointed out before playing the next hole. Review each hit for that hole.

If a player returns a score for any hole lower than actually taken, she shall be disqualified (USGA Rule 6-6d) from that tournament.

## **IF YOU DISAGREE WITH A SCORE, DO NOT SIGN THE SCORECARD; REPORT THE DISAGREEMENT TO THE SCORING COMMITTEE**

If your score is disputed again on two different Playdays, your name will be turned into the Captain. The Captain and her appointed committee may then determine if you will be put on probation.

## **FORMAT FOR TEEING OFF**

All teams tee off at the same time (SHOTGUN). Foursomes are stationed on each of the holes being used. Longer holes accommodate more than one foursome. These teams are designated as "Team A" and "Team B" with "A" teeing off before "B".

## **PACE OF PLAY / READY GOLF**

Playing at a better pace is not about hurrying up or rushing around the course. It is simply about being more efficient with your valuable time, as well as everyone else's.

## **Pace of Play / Ready Golf (continued)**

1. To keep the play moving, a group may agree to play “out of order” or “ready golf”. If you are ready to play and others are not, hit up or putt out to save time, if it is safe.
2. Your foursome should not be more than one hole behind the group in front of you.
3. Normally, the driver drives and the passenger keeps the scorecard.
4. Drive your cart to the nearest ball and have your club ready for your next shot.
5. If a player scores two 10's in a round; on the third 10, she should pick up her ball and “X” the hole. The player becomes ineligible for Sweeps/Putt Pool; but any Birdies, Pars or Chip-ins will be counted toward Annual Awards. Player may record hole as “*most likely score*” and can post her round.
6. Wait until the next hole to record scores.
7. Place rakes in the bunker.
8. Target of play for nine holes: 2 hours and 30 minutes (plus travel time)  
Par 3's – 10 minutes; Par 4's – 15 minutes; Par 5's – 20 minutes
9. If pace of play or consistently high scores become an issue, further options may be presented to that Lincster (i.e. lessons, Executive Option, probation, etc.)

## **POSTING YOUR SCORES**

You must post your own score at the conclusion of play. This can be accomplished in the Pro Shop or at home. If you post from home, you have two options: 1) Go to Lincster website (lincsters.com) and click on “Post your Score” at top of page or 2) go to [www.ghin.com](http://www.ghin.com)

1. Connect to [www.ghin.com](http://www.ghin.com) by one of the above methods.
2. Click on “Post Online” at the top of the page. Enter your GHIN number and the first eight letters of your last name, and then click on “Continue”.
3. On the “Post Online” screen, follow the directions for posting your score, making sure you use the correct date.
4. We do not use the “Tournament” category; always select “Home” or “Away”.
5. Make sure you post using the “Front” or “Back” category for ESC score for both the Hills and Orchard Courses.

## **AUDIT**

Your account will be audited by our Handicap Chairperson to make sure you are posting correctly.

## **GHIN/ HANDICAP INFORMATION**

GHIN Reports will be generated on the 1<sup>st</sup> and 15<sup>th</sup> of each month and sent to your email. It is recommended that you print it out, as this is verification of your handicap.

## **GHIN REPORTS/UPDATING YOUR EMAIL ADDRESS**

To update your email address, go to [www.ghin.com](http://www.ghin.com) and click on “Email Update” at the top of the page and follow the instructions.

## **DETERMINING YOUR HANDICAP BASED ON COURSE OF PLAY**

A Handicap Index is the result of a mathematical calculation based on posted scores – it is an estimate of what a golfer might shoot on her best days.

Applying the player's Handicap Index to the Course Handicap Table or using the Course Handicap Formula determines a course handicap.

1. Each golf club should have Course Handicap Tables posted in a public area.
2. Multiply Handicap Index by Slope Rating of tees being played and divide by 113.

**Example:  $18.2 \text{ Handicap Index} \times 123 \text{ Slope Rating} = 2238.6 / 113 = 20 \text{ Course Handicap}$**

**DETERMINING EQUITABLE STROKE CONTROL “ESC”**

Based on a Handicap calculation, the Equitable Stroke Control (ESC) keeps an exceptionally bad hole from changing your Handicap Index too much and sets a maximum number that a player can post on any hole depending on the player’s Course Handicap.

1. Ten is the maximum number of strokes that can be taken on any hole under ESC.
2. There is no limit to the number of holes on which you can adjust your score for ESC.
- 3 After each round, you are required to adjust your hole scores (actual or likely) when they are higher than your maximum ESC number you can post.
4. There are two tables: one for 18 holes and one for 9 holes. Be sure to use the correct table when determining your Equitable Stroke.

<p><b>Nine-Hole Course Handicap</b></p> <p><b>4 or less</b></p> <p><b>5 through 9</b></p> <p><b>10 through 14</b></p> <p><b>15 through 19</b></p> <p><b>20 or more</b></p>	<p><b>Maximum Number on Any Hole</b></p> <p><b>Double Bogey</b></p> <p><b>7</b></p> <p><b>8</b></p> <p><b>9</b></p> <p><b>10</b></p>
<p><b>Eighteen-Hole Course Handicap</b></p> <p><b>9 or less</b></p> <p><b>10 through 19</b></p> <p><b>20 through 29</b></p> <p><b>30 through 39</b></p> <p><b>40 or more</b></p>	<p><b>Maximum Number on Any Hole</b></p> <p><b>Double Bogey</b></p> <p><b>7</b></p> <p><b>8</b></p> <p><b>9</b></p> <p><b>10</b></p>

**HOW TO POP**

1. Determine your course handicap. Divide course handicap by nine.
2. Give every hole that number of POPS. If there is a remainder, find the lowest-numbered handicap hole(s) depending on which nine holes you are playing. Give that hole a POP and reduce your remainder by one. Continue “POPPING” in this manner until your remainder is zero; stop if you try to POP a four on a Par 3.
3. See “Appendix A” for further details.

**WEEKLY / MONTHLY AWARDS**

Awards will be announced weekly on the Lincster website and at General Meetings, as appropriate. The Board will determine the Annual Awards. To be eligible for weekly awards, you must be a current member of Lincsters, have achieved the award during Lincster Playday, be accompanied and attested by a Lincster member in your foursome and have turned in a second scorecard on the same day of the event.

Awards presented weekly include:

1. The first time to break 50 as a Lincster
2. First Eagle as a Lincster
3. First Birdie as a Lincster
4. First Chip-in as a Lincster
5. Putt Pool - lowest number of strokes that round
6. Closest to the Pin “CTTP” – Everyone who reaches the green with their tee shot on the CTTP hole, needs to measure their distance and record it on the CTTP placard. LHGC awards a free round of 9-holes to the weekly winner who is closest to the pin
7. Golfer of the Month – awarded to the Lincster who has the highest net for three Playdays in one month in a designated flight. Members can only win once per year
8. Putt Pool winnings and award pins will be awarded the following Wednesday

## **ANNUAL AWARDS**

To be eligible for the Annual Awards, you must meet all weekly eligibility requirements and play a minimum of 50 percent Playdays in the calendar year the award is presented.

1. MOST IMPROVED GOLFER – Lincster who reduces her handicap the most
2. HOLE IN ONE – sponsored by the Lincsters
3. CAPTAIN’S POINTS – play will occur on one designated day per month. Points will be awarded to the 10 lowest net scores in descending order: 10, 9, 8, etc. These points will be accumulated through the year, and the Lincster player with the most points wins this award.
4. MOST DEDICATED LINCSTER – awarded to the Lincster member who has posted the most scores at Lincoln Hills Golf Course on Lincster Playdays.
5. GOLDEN PUTTER – awarded to the Lincster who has won first place in the Putt Pool the most times throughout the year.
6. PARS/EAGLES/BIRDIES/CHIP-INS – awarded to the Lincsters who have scored the most of each on Playday. First, second and third places may be awarded in each flight.

## **SWEEPS**

On Playdays the Pairings/Sweeps Chairpersons keep track of Sweeps’ winners and reports this information to the Pro Shop. Winners will be posted weekly on the Lincster website. Sweep money can be used for Pro Shop merchandise and/or yearly LHGC membership fees.

## **PAYMENTS FOR EVENTS AND LINCSTER MEMBERSHIP DUES**

Put your payment in an envelope; note the event name on the envelope and place in grey box located on the wall left of the Posting Computer in the Pro Shop.

## **BIG / LITTLE SISTERS’ GUIDELINES**

1. Once a prospective new Lincster member has submitted her application, a Big Sister will be assigned, if requested.
2. The role of the Big Sister from this point forward will be to help the new Lincster member (Little Sister) to get comfortable with the Lincsters, review rules of golf and assist her to become an integral part of Lincster Playdays, meetings and annual tournaments.
3. The Big Sister will also provide assistance with posting golf scores.
4. The Big Sister will look for opportunities to provide encouragement with the game of golf and find times other than Lincster Playdays to play golf or socialize together.

## **EXECUTIVE OPTION**

If you are recovering from an illness, surgery or are physically challenged, you may take advantage of the Executive Option. You will play a shorter game by teeing off from the Family Tees (Tan). However, you are not eligible for Sweeps, Putt Pool or Awards with this option. Detailed information is available on “Appendix B”.

## **GO AWAY LINCSTERS (GAL’S) / MONDAY MAMA’S**

If you would like to play more golf, watch for emails from GAL’S and Monday Mama’s or go to the Lincster website and click on “GAL’s and Mama’s” located at the top of the page for more information.

## **LINCSTER LIABILITY RELEASE FORM**

Lincster agrees not to sue the club for injury, death or damage to property arising from club dues and/or participation in any Lincster-sponsored events. See “Appendix C”.

## **HOW TO HANDLE EMERGENCIES**

### **BEFORE AN EMERGENCY OCCURS:**

1. Know your own body and respond to any changes such as thirst, feeling shaky, nauseated or tired.
2. Let others in the group know that you are not feeling well.
3. Drink water, Gatorade, Propel, etc. (at least an ounce per hole) to help stop the symptoms; use a spray bottle or wet towels with water and ice, if available; and/or get to shade to cool down.
4. Stop playing golf or sit out until you feel better. The Pro Shop will come out and pick you up, if requested.
5. Agree to have two players in the group keep their cell phones on (silent or on vibrate) ready to make a call to 911, should it be necessary. One player should call 911 and the other call the Pro Shop (916.543.9200, ext. 3).

Suggestion: Add Pro Shop number to your contacts

### **IF AN EMERGENCY OCCURS:**

1. Call 911; give phone number you are calling from and your name.
2. Give the address and directions to find the indisposed person.
3. Describe the person's condition, symptoms and what help is being given.
4. **DO NOT HANG UP!**

Let the emergency person end the conversation. They may have questions to ask and/or special information until help arrives. Follow instructions given by the 911 Operator.

FYI: The Pro Shop does have an AED (Automatic External Defibrillator) and some of the employees are certified to use it should one be needed.

***Disclaimer: Our intent is not to disperse medical advice but to provide information that may be helpful should an emergency occur. Contact your doctor!!!!***

## POPPING CARDS

POPS are the small dots or checks placed on the scorecard which should add up to the player's handicap allowance (handicap strokes) for a specified game. Once the appropriate handicap has been determined for the course to be played, POPS can be distributed as described in the following examples.

In each case, start the process by dividing the 9-hole handicap by 9.

**Player 1:** Handicap of 18 divided by 9 equals 2. Each hole gets 2 POPS.

**Player 2:** Handicap of 6 is not enough POPS to divide by 9. Give 1 POP to 6 holes in the order of the handicap stroke allocation on the scorecard.

**Player 3:** Handicap of 14 divided by 9 equals 1 POP for each of the 9 holes, with a remainder of 5 POPS. The remaining 5 POPS are to be given in the order of the handicap stroke allocation.

**Player 4:** Handicap of 35 divided by 9 equals 3 with a remainder of 8 POPS. Start by giving 3 POPS to all 9 holes. In this example, please note **you cannot give more POPS than par**. When awarding the remaining 8 POPS, once you come to the Par 3 at hole #3, even though there are POPS remaining to be allocated, you **must** stop. You cannot skip over the Par 3 and continue on to hole #4. The player will have to play to a 32, no matter how many strokes remain.

<b>Player 1</b> 18 Handicap	••	••	••	••	••	••	••	••	••	
<b>Player 2</b> 6 Handicap	•	•	•	•				•	•	
<b>Player 3</b> 14 Handicap	••	••	•	••	•	•	•	••	••	
<b>*Player 4</b> 35 Handicap	••••	••••	•••	••••	•••	•••	•••	••••	••••	
<b>Hole</b>	1	2	3	4	5	6	7	8	9	<b>OUT</b>
<b>Red Yardage</b>	280	402	132	433	342	289	124	266	327	2595
<b>Par</b>	4	5	3	5	4	4	3	4	4	36
<b>Handicap</b>	9	1	11	3	13	15	17	7	5	

*\*Even though Player 4 has a 35 handicap, she only gets 32 POPS. (See above.)*

When calculating POPS for 18 holes, follow the handicapped holes, as they are shown on the scorecard but alternate from the front nine to the back nine as the numbers occur on the scorecard.

